

TALES FROM THE RIVERBANK



JULY/AUGUST 2008

Pedal for Clive



A tribute to a good friend – sadly missed

13th July 2008

I think that there is a huge gap in many of our lives following the loss of Clive at New Year and that we all have to deal with it in our own way. My way was deciding to cycle 60 miles from Manchester to Blackpool. This was initially brought about following an emotional day on Windermere when we 'Paddled for Clive' in January and with the bravado that only a glass of red wine can instil seemed like a good idea at the time.

Clive and Albert had completed this bike ride on several occasions, and I had always

managed to find a good excuse not to join them as I was needed to take them to the start in Manchester and then, along with Janet, provide refreshments at lunch time and cheer them on at the finish line.

Robert & Mike Clarke and Ged & Shelley volunteered to join us, Pat & Norman volunteered transport and Janet offered sandwiches and so we were all set. In January, July seems an awful long time off but I can assure you it comes around very quickly. We joined the gym in February, started a few bike rides in March and with a

few days of eating pasta and flapjack our training regime was complete.

It was a beautiful morning as we left home at 6.30am, and after loading our bikes on to the car at Pat and Normans we arrived in Manchester about 8am. The motorway was quiet and I momentarily had that awful feeling of 'have I got the date right?' but as we approached the city centre there was no doubt as 6000+ riders converged on Albert Square for the start.



There was no chance of finding our other team members so we registered and were set off at 8.30am by a rather large bear and a man in a yellow suit in a group which included a cat and a smurf.



Five minutes into the ride Albert had a puncture and while he was repairing this Robert and Mike pulled up to give assistance. We were soon on our way again with a plan to meet up with them in Preston, but I suspect that by the time we got there 'Team Clarke' would have been at the finish.



We had a quick break at Ince and had just set off again when a message arrived to say that Ged and Shelley were only about 5 minutes behind us. It was chaos through Wigan with hundreds of cyclists competing for road space with normal Sunday traffic and there were a few occasions of road rage from either side.

Through Standish there was a very tall unicyclist (bike not man) in front of us and I was miffed to find that I couldn't overtake him up hill as he was faster with one wheel than I was with two. We did, however, overtake several fairies, batman, robin, superman and quite a number of vikings, and were overtaken by a very fast man on a ten foot tall bike.



Preston was soon reached and the welcome sight of Robinsons Catering Services at

Ashton Park. We sat in the sunshine for a while enjoying our lunch and were shortly joined by Ged and Shelley. All too quickly we were on our way again and on home territory as we passed the Hand & Dagger en route for Kirkham, Freckleton and the coast. I think this was the hardest section as mentally we felt we were almost home, but in reality we still had just under 20 miles to complete.



There was a sea breeze against us as we cycled up the busy sea fronts at Lytham and St Annes, but soon the Promenade at South Shore was in sight and the cheers from the watching crowds spurred us on over the finish line at the glitter ball.



We finished at 3pm after 5 hours cycling which was an hour less than we had expected,

Ged and Shelley took a commendable 4 hours 45 minutes and as for Robert and Mike - we never did manage to catch them up again.

After being presented by the organisers with our 'Recovery Pack' (a bottle of water and a Penguin biscuit!) we had a bottle of champagne as a toast to Clive before heading home.



Thanks must go to Janet for providing support and sustenance, the Green team for chauffeur services, our other team members for joining us on our jaunt and everyone who has supported us with good wishes and sponsor money. At the time of writing we have raised over £500 between us which is being donated to Christies Hospital in Clive's memory.

The highs and lows? The high point of the day was being a part of such a huge event and completing a ride, which, for me, was a personal challenge. The low point was in the evening, watching 1 hour 45 minutes of 'Midsomer Murders' then falling asleep at the very moment it was revealed who dunnit. Damn....

Kath Risely

Playboat fun



Guess what, I've only gone and bought myself a teeny weenie playboat – a G Force. I got the bug after BB suggesting it would be a fun kind of thing to have and so after now getting used to being in the Juice I decided to go back to square one and get a whole new kayaking experience, and let me tell you it really is different. First time out was at Teesside, and when I launched, it felt absolutely weird. I'd liken the experience of paddling my Juice as to sitting in a raft compared to the G Force feeling like I was balancing on a floating telegraph pole, add to this the fact that the little bugger buries its nose and sinks when just normal forward paddling is tried and you probably understand where I'm coming from.

Burger Boy and very hung over River God were the intrepid band accompanying me on this trip, well I'd say most of RG accompanied me as I'm sure he left part of himself behind in the bushes (I thought at first he'd seen people he knew when I heard him shouting for "Hughie" and "Ralph") before we got on the water, this after sleeping all the

way there and not even noticing when BB was picked up despite the car listing heavily when he got in and us going round in circles until I got used to it and compensated.

The first run down the course was a nervy affair for me as I wasn't sure how the new boat (I) would perform, anyway it went quite nicely and I made the eddies about as badly as usual. RG looked a little brighter too after getting a good soaking, and it looked hopeful that we wouldn't see Ralph or Hughie in the eddies. If we had, I wonder if the carrots would have come back more than once?

The next run was for playing, and great fun it was as we all strutted our stuff and showed the watching crowds how it's not done. Towards the end of the day we even had a play in Acid Drop which was different to say the least. Not only does it hold you there but the strange currents around its edges make it really hard work to stay the right way up. Testament to this was BB swimming and getting circulated back in and when he finally managed to retrieve his gear, empty his boat

and paddle back out he swam again as soon as he got to the tricky boils. We were all absolutely shattered by the time the water was turned off and the day ended with no swims for me and RG but with BB weighing in heavily (no pun intended) with 3 swims. RG then slept all the way home again, which was nice – for us.



The Washburn was our next trip out, the same trio again but this time accompanied by our rescue goddess 'Flapjack'. Encouraged by paddling with Dom and Flapjack as well as RG, Burger Boy and I showed how it's done with me catching an edge and then trying to roll up to no avail due to lifting my head too early- once crap always crap. First swim to me, and my first one in the playboat, damn.

When we got back to the car park at the top of the course it was evident the midges were coming out so cue BB and his £1 aftershave that not even the midges like, it stinks, and cleared the car park in seconds, not only of midges but also of people. We coated our arms, legs and faces with aftershave, Avon skin so soft and Jungle formula (just to make sure) and set off back onto the water. Key learning point here: don't let the greasy stuff get on your hands or it's hard to grip the paddle. Heads up and BB's first swim due to having slippery hands, so he said. As time went on we settled down nicely and encouraged by the capability of the group BB and I had a go in the 'all across wave' with some success apart from BB missing another roll – this time due to being tired out, is there really any excuse for incompetence?

There were plenty of other Ribblers there that night –Welsh Rick, Serious Allan, Smiling Steph – and it made for a very pleasant evening apart from the aftershave, which left a smell that stayed with you even after showering several times. A rapid change and plenty more aftershave and repellent left us with minimal midge damage and we were off home looking like walking flypaper with dead and dying insects stuck to us.

Sadly the next non-event was the cancelled white water rescue course, Tryweryn is dam released and relies on the Welsh Water Authority for the release, and unfortunately the release was cancelled after some heavy rain making flooding a possibility in Bala. Rest assured your committee is working to get another course set up.

I hear the Fickle Finger of Fate that the Bamber owns has pointed his way again. Mark – the self harmer – has now lopped a lump out of his hand whilst gardening, and poor Oli has broken his collar bone. I'll bet he will be glad when the family only get colds and flu like the rest of us.

Have you seen our Chairman's new car? I'm so chuffed he is still having a mid life crisis, it means mine may carry on for years yet.

The only other paddling I have managed has been a couple of sessions at Garstang weir just to keep the hand in. It's a fun play spot especially when River God is demoing his moves, every time he shows how it's done he messes it up. BB and I were creased up especially when he face planted on the concrete sill that guides the flow, luckily it was his face that hit it – so no harm done. Under the expert tutelage of RG, Burger Boy and I practiced back deck rolls with BB proving to be red hot and managing a couple whilst I was rubbish as usual.

Many thanks to Brian Swales for the top quality action pictures they are superb and much appreciated.

Stig

Safety First part 2: River Signals

Ribble Canoe Club has always had a long history of introducing people to paddling, with a strong emphasis on moving water. This has only been possible because more experienced paddlers have put their time and experience into organising and supervising events. There are many ways to build up the experience to safely guide and coach a group in an environment that can often contain many hazards. Usually it's a combination of formal training, personal skills, previous experience and a bit of theory from books and videos.

However, no matter what the skill or experience of the trip leader, one of the most important things is that the people attending such trips have an understanding of the environment and their responsibility. This personal responsibility takes many forms from wearing suitable, safe, clothing and using serviceable equipment to taking the time to add a bit of theory to your practical experience.

A very important bit of theory that needs to be put into practice early on is that of river signals. This article is an attempt to introduce a few regularly used/needed examples into your day's paddling. The object of a signal is to provide as much useful information as possible in a quick, unambiguous way, when talking is not possible. A good signal system should be simple, allow two way 'conversation' and have a built in safety mechanism.

If you don't see or recognise a signal then stay put. Ideally signals are carried out using only the hands, any variation to this is given. Obviously when using hand signals you will need to let go of the paddle, **ONLY REPLY IF SAFE TO DO SO, IF NOT CHANGE POSITION UNTIL YOU ARE SAFE.**

NO SHOW/NOT SURE then NO GO, this is the safety mechanism mentioned above, if you don't see a signal or get a response from those you are signalling then stay put, or if possible approach by foot to clarify the situation.

Stop!

Common examples: tree blocking river, dangerous weir, or route requiring inspection. Following its use, further signals will be displayed to explain the next action.

Description: 1 arm raised, palm forward.



Go This Way (Left/Right/Central)



Common example: indicating a safe route down a rapid that is within the group's ability.

Description: arm and pointing finger, left/right or centre, statically, indicating the direction required. Never point at a hazard, the signal always indicates the safest route.

Go This Way Quickly or Extremely



Common example: indicating that the safe route requires a 'quick' move in the indicated direction, or a need to be 'extremely' left or right, i.e. to pass through a narrow gap. This emphasis of the direction signal is only really relevant to leftward and rightward signals.

Description: arm and pointing finger, left/right or centre, indicating the direction required. Emphasise urgency by repeating the gesture more vigorously. Use a pointing finger to emphasise that accuracy is required.

Identify an Individual



Common example: you need to select an individual from a group or be sure that an individual is receiving the signal.

Description: make eye contact and point with a finger at the individual. If you think you are the recipient, point at self to return the question 'DO YOU MEAN ME?' Signaller can confirm with thumb up/yes or down/no.

Are You Ok? / Ok / Acknowledge or Confirm Receiving a Signal



Common example: checking a paddler is 'OK' following a swim, or if they are 'off' route. Part of the same signal is used to answer receipt of a signal, confirming. This signal is an ideal confirmation signal following any specific request such as 'get out and walk', 'come to me', it assures the signaller that the message has been received.

Description: identify individual by pointing (as above) and ask if 'OK' with a raised thumb. Answer by pointing at self (as above) followed by 'OK' with a raised thumb, or 'NOT OK' by thumb down.

Come To Me One at a Time



Common example: to safeguard paddlers, one at a time as they paddle a challenging route.

Description: get the individuals attention (see previous 'Identify an Individual') and pat an open palm on top of helmet twice. Reply if safe to do so by pointing at self, and repeating signal, two pats on helmet.

The Whole Group Come To Me/Run the Rapid



Common example: route is obvious and within the group ability to route find from the boat.

Description: get the group's attention and raise a clenched fist or vertical paddle above the head height and rapidly lower and lift several times.

Get Out and Walk



Common example: the route is too complicated to explain with signals alone or the route contains a hazard such as a dangerous weir that needs portaging.

Description: Use appropriate signals to stop the group or individual in a safe place then follow this with first two fingers pointing down doing a 'walking' action. Answer by returning signal or getting out.

You Need To Look



Common example: the route or hazard is too complicated to explain with signals alone.

Description: Use appropriate signals to stop the group or individual in a safe place then follow this by pointing up at the eyes with first and second fingers in a 'V' sign.

Whistle

The whistle can be used to get attention if all other methods are failing, use 3 blasts followed by a 5 second pause. Repeat until successful.

Tony Morgan

Chairman's Chat

They say absence makes the heart grow fonder and after last year's West Tanfield camp never materialised, this year's was all the more eagerly anticipated. And rightly so. It was a cracker! Best water levels I can remember. About 25 members and 5 dogs attended the camp and 10 of us (no dogs) did the trip down the River Ure on Saturday. Steve & Bev came down in the topo and Danni and Peter successfully negotiated Hack Falls (that's the one Allan swam but Leslie was OK on a couple of years ago! Don't know why I mentioned that).

The rapids within the site were a definite Grade 3 and had Ian Costello and Rache swimming. Allan took many passengers (only one at a time) down in the open canoe without capsizing, although they got pretty close to swamping on Kath's turn, or was it Pat's. I'm looking forward to Rhosneigr and Coniston already. If you're going on the Coniston Camp, you need to book ASAP with Allan Hacking so that he knows how many plots we need.

I've just been to Marple slalom – my first slalom for a while. Four others from Ribble were there; three of them first timers. Anna got a second prize and promotion to Div 3 and Danni a third. I got to be a judge for the Manchester Canoe Club's own competition and Chairman of the Jury for the BCU ranked event. Now what do the colours on the stripy sticks mean and should the pointy end of the boat go through first? I did warn them that any decisions I made might be a bit arbitrary but they were that desperate... and in the end there were no disputes, thank goodness. I got to paddle the course as well (free); and try the tea and buns in the café (not free). I think Paul Binks might have won a prize if he hadn't eaten that butter cream Maid of Honour (that's a cake you know) just before his second run. Simon was dead keen and did some practising in the lunch break – and had a swim for his trouble. Manchester CC know how to organize a good slalom and a good café too.

We had another intake of fresh faced youngsters and oldsters for the Paddlepower Passport sessions on Tuesday nights. I've just seen all the Welcome Letters going out from Brian and I remember some names from last Tuesday – names I expect to see looming large in the club over the coming years. Grassy, Grace, and all you others whose names don't jump so readily to mind yet, you can all really enjoy your canoeing, make loads of friends and make Ribble Canoe Club even better than it already is. On second thoughts that may be impossible!

Terry Maddock
chairman@ribblecanoeclub.co.uk

For Sale

Pyranha Storm

River running playboat, 2.4 metres long,
adjustable backrest, foam block footrest, fits 6
footer and shorter.

£90

C1 conversion kit

Saddle, adjustable Yakima footrest, thwart,
mounting bar to fit Pyranha Storm or similar.

£20

Tony Morgan

WANTED

Wild One (plastic kayak that is)

by Wild Thing
White Water Spec
Pat Green

Rhosneigr Surf Camp

1st – 3rd August

Have you ever tried surfing in your canoe? Sitting down, not standing up – though you'd get extra marks for style if you did stand up successfully. If you have then you may know about our annual Anglesey Surf Weekend. If not, read on.

One of the few things that you can do in a kayak that beats surfing a glassy green wave on a fast river is surfing down the face of a glassy green wave on the sea – especially if the sun's shining. Every year we have a weekend camp at Rhosneigr on Anglesey. The idea is to pack in as much surfing as possible and have a generally sociable weekend. We don't always get brilliant surf, but there are other attractions – seal spotting around some of the offshore islands, beach games, kite flying, beer and barbecues - whatever.

If you've not surfed before this is a good opportunity to learn. As long as you have reasonable control of your boat and are prepared to swim a bit you should have fun – the D'ribbler award was won one year on the basis of an afternoon at Rhosneigr – stand up Michael Moul. A playboat with a planing hull is ideal, but the club's Rotobats work very well too.

Rhosneigr is on the North West corner of Anglesey. If you've been before you'll know where the campsite is, if not get in touch with me and I'll direct you. The site is fairly basic – no water park or cabaret, but it has hot showers and is not normally crowded. We usually travel to Anglesey on Friday night, but you can always come up on Saturday.

John Kington

Lake District Camp

15th – 17th August

This year's Lake District summer camp is going ahead as planned at Coniston Hall campsite. This year we will have the use of a mess tent and a trailer load of open boats and a trailer load of master 2 kayaks, these belong to Blackpool youth services who block book an area of the site but only use it Monday to Friday. We have permission to use the equipment from Friday evening through to Sunday.

Normal site fees will apply, please contact me for further details.

If there is sufficient interest and coaches available we may run a Paddlepower coaching session on the Sunday.

Allan Hacking

Duke of Edinburgh goes kayaking



Way back on the 19th of March a group of Duke of Edinburgh award participants entered the Hand and Dagger pub to meet a few friendly Ribble Canoe club members who would soon embark on the challenging mission of teaching them the skills needed to complete the Paddlepower Passport and Discovery.

So then it all began... the following Friday the group met with some instructors at Fulwood Leisure Centre where we were taught to climb into a kayak – and how to fall out of one! At the end of the session we scrambled out of the pool with what little pride we had left, and huge grins on our faces. Everybody had enjoyed themselves thoroughly and were practically bursting to be let loose on the canal on the following Tuesday when we started the Paddlepower scheme.

Now, many months later we are still here... and we've multiplied! We have learnt many new skills such as edging, sweep strokes, sculling, low braces, high braces, bow rudder... the list goes on and on and so far only one person has fallen in; although most of us get soaked on a weekly basis anyway.



A few members in the group have challenged the other canal users to endure the glare of stripy socks and at times screaming vocals;

therefore have become known as the 'stripy socks brigade'. Meanwhile one instructor, Ed, has devised his own special technique, involving a tennis ball, to make Elliot and Jack sit up and take notice – and I must say it is very effective! Fun and games aside, most of us have successfully completed the Paddlepower Passport and have started the Paddlepower Discovery.



In addition to the scheme we were invited to join Ribble Canoe Club on Coniston lake, where we had an enjoyable paddle to Peel Island where we had lunch in the morning, before heading back towards the mainland where we plunged into the waters of the lake for a capsizing drill. At first we used edging to turn the canoes and then tried to see how far we could get them to lean over – our plan to persuade Michael to lean a bit further over didn't work and everyone remained safely in the boats – for now. After that we had to jump out of the canoe and climb back in... there were quite a few 'interesting' entrances in to the water and after feeling the temperature of the lake... many very quick exits. The next thing we did was a full capsizing and helped by another canoe we had to right it again. This was rather tricky but everyone got the hang of it in the end.



With the training over for the day, we all paddled back to shore, to a very screechy version of 'row, row, row your boat'. We all took the canoes up to near the car park and got changed into some dry clothes before unloading our 'full-size' BBQ and dragging it to the beach for our dinner. We cheated though... whilst everyone else struggled with traditional BBQ's, ours was gas powered!



After a long discussion over who we thought we could trust with the food, Michael stepped in and it was no time before we were enjoying our burgers and sausages... or in Elliott's case half a chicken! Allan then treated us to a new delicacy; banana wrapped in bacon, and after building up courage I tried a bit to find it was surprisingly tasty. When we had finished eating, some of us tried our skills at skimming stones and circus tricks – I was useless at both but some people managed.

Finally, when the day was over, we all helped to get the canoes back on the trailer, and headed back... the day had been great fun – thank you everyone!

So now it's back to the Tuesdays on the canal with the Paddlepower course. We've got the rest of the scheme to look forward to, and dare I say... more stripy socks!

I would like to say on behalf of the Duke of Edinburgh group a great big... THANKYOU, for all your hard work and patience!

Lora Fryars

Ribble CC Library

To borrow a book or video, contact Janet Robinson or see her at the Hand & Dagger. Donations of books or videos are always welcome.

Technique:

BCU Handbook
 The Practical Guide to Kayaking
 Canoeing & Kayaking
 William Nealy's "Kayak"
 Bombproof Roll and Beyond!
 Eskimo Rolling for Survival
 White Water Safety & Rescue
 Weir Wisdom Rapids
 Canoe & Kayak Games
 The Playboater's Handbook
 Complete Book of Sea Kayaking
 Sea Kayak Navigation
 Path of the Paddle
 Canoeing
 Open Canoe Technique
 Rowing it Alone
 The Handbook of Survival at Sea
 BCU Coaching Handbook
 Sea Safety: The Complete Guide

 White Water Kayaking
Olli Gru

 The Art Of Freestyle

Guidebooks:

English White Water
 Scottish White Water
 White Water Lake District
 An Atlas of the English Lakes
 Canal Companion: Cheshire Ring
 Anglesey Sea Paddling

Welsh Sea Kayaking

General:

The Rough Guide to Weather
 The Liquid Locomotive
 Many Rivers to Run
 Norwegian rivers
 Canoe Focus
 Working out of Doors with Young People

Expeditions:

Travels with a Kayak
Whit Descher

On Celtic Tides
Chris Duff

Blazing Paddles
Brian Wilson

Dancing with Waves
Brian Wilson

Paddling to Jerusalem
David Aaronovitch

The Last River
Todd Balf

Paddle to the Arctic
Don Starkey

Canoeing across Canada
Gary & Joanie McGuffin

The Canoe Boys
Sir Alastair Dunnott

Odyssey among the Inuit
Jonathan Waterman

Barbed Wire & Babushkas
Paul Grogan

Videos:

Liffey Descent
 Deliverance (18)
 Extreme Sports Canoeing

A Taste of White Water

Wicked Water 2

Drill Time

Destination Nowhere

Path of the Paddle: Doubles Whitewater

DVDs:

Tony Morgan in the Grand Canyon

LVM Lunch Video Magazine

Ribble Newsletters (CD)

Doublyouess

Without a Paddle (13)

Whitewater Kayaking

The Cockleshell Heroes (U)

Mags Brayfield in Nepal

EJ's Advanced Playboating

The Chaos Theory

Jackson Kayak Promo

It's Different Every Time
Norman Green

EJ's Playboating Basics
Eric Jackson and Chris Emerick

Wavesport: Sessions

Fort William 2005/06 Trip

My Tartan Adventure (VCD)
Ribble Canoe Club, Scotland 2007

The 7 Rivers Expedition

Locks and Quays
Featuring Ribble Canoe Club

The Politics Show
Featuring Ribble Canoe Club

 Open Canoeing
Reg Blomfield

 EJ's Rolling and Bracing

Pool sessions

The following lists the pool sessions booked at Fulwood Leisure Centre, the contact for the courses and the Supervisor and Committee member on duty.

Date	Session	Contact	Supervisor	Committee
5 th Sept	Open	N/A	Mark Loftus	Adam Fielder
12 th Sept	Paddlepower	Tom Byrne	Mark Bamber	Brian Woodhouse
19 th Sept	Rolling	Bob Smith	Dave Nelson	Terry Maddock
26 th Sept	Rolling	Bob Smith	Grahame Coles	Martin Stockdale
3 rd Oct	Rolling	Bob Smith	Albert Risely	Kath Risely
10 th Oct	Paddlepower	Tom Byrne	Grant Dillon	Peter Jones
17 th Oct	Open	N/A	John Kington	Kath Risely
24 th Oct	Freestyle	Allan Hacking	Mark Dillon	Alison Nelson
31 st Oct	Safety		Mark Loftus	Allan Hacking
7 th Nov	Open	N/A	Grahame Coles	John Kington
14 th Nov	Paddlepower	Tom Byrne	John Kington	Terry Maddock
21 st Nov	Polo		Mark Bamber	Martin Stockdale
28 th Nov	Open	N/A	Mark Dillon	Brian Woodhouse
5 th Dec	Dumbongo	Allan Hacking	Dave Nelson	Peter Jones
12 th Dec	Paddlepower	Tom Byrne	Grant Dillon	Adam Fielder
19 th Dec	Open	N/A	Albert Risely	Alison Nelson

Please note new prices for pool sessions:

Rolling Course £20 plus club membership. Freestyle £5. All other sessions £4.

Please book in advance for the Paddlepower sessions and Rolling Course by phoning the named contact.

Tees Whitewater course upgrade

Plans are afoot for a major upgrade to the Tees Whitewater course. Probably the most significant change is the installation of 4 archimedes screw pumps which can be used as required to provide sufficient flow down the course, removing dependence on the tides.

There will also be a new 'shortcut' course which can be used separately to the main

course and which is planned to have the largest single drop on an artificial course in the country, and a boat lift from the bottom to the top of the course.

Details can be found here

www.waterscape.com/canals-and-rivers/river-tees with the main presentation here

www.waterscape.com/media/documents/20935.pdf.

Dates and deadlines

The next committee meeting will be on September 3rd at 7:00pm at the Hand & Dagger. The next newsletter will be published

on September 17th. All submissions to me by Saturday September 13th at the latest please.

Martin Stockdale

CALENDAR

NOTE: Last minute trips are often arranged on the forum on the website (www.ribblecanoeclub.co.uk), at the Hand & Dagger on Wednesdays or at Fulwood on Fridays. If you have any dates for the calendar please contact **Terry Maddock**

Ribble CC development trips are in **bold**.
Ribble CC recreational events (assumed risk) are in **bold italic**.
Other Ribble CC events are in *italic*.
Events in normal type are external events listed for information only.

River information:

Burrs 0161 764 9649

www.burrs.org.uk

Canolfan Tryweryn 01678 520826

www.welsh-canoeing.org.uk

Tees Barrage 01642 678000

www.4seasons.co.uk

Washburn/Wharfe 0845 833 8654

<http://www.yorcie.org.uk/>

Trips / Events

July

20 ***Flat Water
Derwent Water
Tom Byrne***

23 Washburn
Evening Cruise

27 ***White Water
R Greta (Keswick)
Threlkeld Bridge to Keswick
See Website Forum***

Aug

2/3 **Family Camp
Surf, Tide Race, Sea
Rhosneigr, Anglesey
John Kington**

3 Washburn
Sunday Cruise

9/10 ***Sea Paddle
3 Star level of competence
Wales (probably)
Andy Dowe***

13 Washburn
Evening Cruise

15/17 **Family Camp
Coniston Hall Park**

Allan Hacking

17 ***Flat Water
Trent Mersey Canal
(incl. Anderton Lift)
Tom Byrne***

14-17 River Festival
Llandysul, Carmathernshire
incl. Training, Div 3/4 slalom, Fun
Day
www.llandysul-paddlers.org.uk

24 Washburn
Sunday Cruise

24 Slalom Div 4
Tees

31 ***Estuary Trip
Bore - R Leven
Arnside Bore, up river & back
See Website Forum***

Sept

7 **Beginners' Trip
Rothay/Brathay/Windermere
Waterhead, Ambleside
Terry Maddock**

10 Washburn
Evening Cruise

14 ***Estuary Trip
R Lune (HT 11.45am)
Halton to Glasson Dock
See Website Forum***

13/14 Interclubs Slalom
Cardington Weir
Novices to experts
To Be Arranged

21 ***Estuary Trip
R Wyre (HT 4.00pm)
Knott End-Skipool & Back
See Website Forum***

21 Washburn
Sunday Cruise

27/28 Slalom Div 3/4
West Tanfield
Sleningford Water Mill

Oct

5 Washburn
Sunday Cruise

Trips may be changed or cancelled at short notice. Always get in touch with the trip organiser the day before to check!
If you don't, and you have a wasted trip, don't blame us.